

# <u>News Release</u>

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# UPDATED - Doctors of Waikiki Now Offering COVID-19 Blood Tests to ESSENTIAL WORKERS

# <mark>from</mark> Monday April 20 to Monday April 27



**Honolulu, HI (April 22, 2020)** – "Doctors of Waikiki" is now offering In-Clinic COVID-19 RAPID BLOOD TESTS to ESSENTIAL WORKERS from Monday April 20 to Monday April 27 (from 9:00 am to 11:00 pm Daily). Testing will be Rapid Antibody with or without nasal PCR swab determined by a medical provider. Test kits are limited so we hope to offer the testing next to the general public. Right now our priority is keeping our First Responders and Essential Workers who have direct contact with patients safe and healthy.

Hawaii is one of the hardest-hit states economically in America as a result of this pandemic due to our heavily dependent travel industry and the state's tourism industry is taking a massive hit due to the travel restrictions. We plan to share the info we collect during this ground-breaking testing with the Department of Health so we can see how we can get segments of the population back to work ASAP. We ask for your patience and your support.





They ask for your patience and your support.

#### Essential Workers

For a List of ESSENTIAL WORKERS please visit:

https://www.doctorsofwaikiki.com/list-of-essential-workers

# **SCHEDULE FOR TESTING**

-In-Clinic Testing (Monday April 20 to Friday April 24 from 9:00 am to 11:00 pm daily)

\*All of the staff working the event including traffic control will be Doctors of Waikiki staff

# **SCHEDULE APPOINTMENT ONLINE**

-Please schedule your appointment online at <u>doctorsofwaikiki.com</u>. We are offering multiple appointments at the same time each day.

-We ask that only the essential worker(s) come to the appointment. Please leave non-essential family members at home.

# \* TESTING IS BY APPOINTMENT ONLY \*

# PARTICIPATION INSURANCE AND VERIFICATION

Please visit our website at doctorsofwaikiki.com for a complete listing of our participating health insurance plans. HMO, Kaiser and Tricare plans require an authorization or referral in order to be treated by our healthcare providers. You must obtain an authorization or referral approval form from your health insurance prior to scheduling your appointment. Doctors of Waikiki is not participating with all Quest and Medicaid Plans. The patient is responsible for knowing their health insurance policy. Please contact your health insurance directly to obtain more information on your health insurance benefits. Doctors of Waikiki Urgent Care clinic will verify that you are an essential worker, check for insurance eligibility and benefits prior to your appointment. Patients will be expected to pay their copay/coinsurance for the evaluation and services rendered by our healthcare care provider at the time of visit. There is no patient out-of-pocket expense for the administration of the COVID-19 Blood Test.

# PARKING

-Parking is very limited. They recommend being dropped off or street parking along the Ala Wai.

# PLEASE BRING THESE TO YOUR APPOINTMENT:

-Insurance Card -Driver's License or ID

-Essential Worker ID Badge, Mayor's Essential Worker Letter, Business Card, Pay Stub, or the document you submitted only proving you are an Essential Worker.



-Face Mask \* REQUIRED \* (Please make sure you and whoever is in the vehicle with you is wearing a face mask)

We also ask that you please adhere to the state's order to practice social distancing and to wear personal protective equipment (face masks) during the in-clinic testing. This mandatory rule is intended to further stop the community spread of the Coronavirus in Hawaii.

# THANK YOU

Thank you for your cooperation and helping us defeat COVID-19 with the Doctors of Waikiki TTTP PLAN:

**TESTING** - mass testing of the entire state to discover who has COVID-19 now or has had it and recovered.

**TREATING** - People that test positive and don't require hospitalization should separate themselves from other people and pets in their home. They should stay in a specific "sick room" if possible, and away from other people and pets in the home. Use a separate bathroom, if available.

**TRACKING / TRACING** - health workers need to be able to trace the recent close contacts of everyone who tests positive and have them go into isolation or quarantine until it's determined they're not infected.

**PUBLIC SUPPORT** - The only way to defeat COVID-19 is by working together. For instance, we should all follow the CDC's new recommendation of wearing non-medical grade masks whenever we leave home to help slow the spread and we should also be adhering to Hawaii's Stay-at-Home Work-at-Home order. If we work together we can beat this.

# **DOCTORS OF WAIKIKI**

<u>120 Ka'iulani Avenue</u>, Suite KW10&11 Honolulu, Hawaii 96815 (808) 922-2112 <u>covid19@doctorsofwaikiki.com</u>



To our local and visiting Ohana, we at "Doctors of Waikiki" want to take a moment to send you a note of encouragement during this challenging time. We are at the front lines of the Novel Coronavirus (COVID-19) outbreak and want to first thank all of our staff who come in every day ready to give the highest level of care and attention to our patients. Secondly, we would like to let you know that we are monitoring the ever-changing situation and are in contact regularly with state health agencies.

There is currently no vaccine so the best way to prevent illness is to avoid being exposed to this virus. The virus is thought to spread mainly from person-to-person who are in close contact with one another (within about 6 feet). It spreads through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

The following symptoms may appear 2-14 days after exposure: Fever, Cough, Chest Pain, Shortness of Breath, Runny Nose, Fatigue & Asymptomatic (No Symptoms). We also take into account your exposure history and travel history when evaluating our patients.

The best thing that you can do for yourself and your Ohana is to follow the <u>cdc.gov</u> guidelines: 1) Social distancing of 6 ft. 2) Wash your hands often with soap & water for at least 20 secs 3) Don't touch your face (nose, mouth or eyes). For more info visit <u>cdc.gov</u>. We are offering CORONAVIRUS TESTING and/or Flu Testing. We have flu shots so if you haven't been vaccinated yet please come in. Don't Wait. We are open every day from 8 am to midnight. Our staff is bi-lingual (English, Japanese, Korean, Chinese and Slavic). Wait times are less than 15 mins. No appointment is necessary. We also offer courtesy pick-up and drop-off if you are in the #Waikiki area.

Stay strong and safe everyone. We will get through this. Mahalo, Dr. Alan Wu, M.D. and Dr. Tony Trpkovski, M.D. of "Doctors of Waikiki." Immunization is a simple and effective way of protecting yourself and your family. Immunization works by triggering the immune system to fight against certain diseases. If a vaccinated person comes in contact with these diseases, their immune system is able to respond. "Doctors of Waikiki" is also administering new antiviral flu therapy for patients with flu to reduce the severity of symptoms and help patients recover more quickly. Visit Doctors of Waikiki to get your flu test and vaccine during flu season in Hawaii. Seasonal influenza viruses circulate in Hawaii year-round, but are most common during the fall and winter months. The exact timing and duration of each flu season varies from year to year, but influenza activity increases during the winter months.





Fluids given intravenously are absorbed directly into the bloodstream, go right into your cells and organs to help them recover more quickly and function more effectively. IV fluids also rehydrate the body quickly, which restores your energy levels and relieves aches and pains in your muscles. IV hydration, boost shots, electrolytes, & vitamins all help marathon runners feel & perform at their very best, enhance performance and recover more quickly.

IV drip therapy improves overall wellness by providing 100% of the vitamins and nutrients your body needs to:

- Improve immune health
- Improve symptoms of depression
- Improve mental clarity and cognitive function
- Reduce the symptoms of migraines
- Improve symptoms of asthma
- Improve allergies
- Combat fatigue
- Accelerate wound healing
- Maintain the strength of muscles and tissues
- And much more

Call for your appointment today. No appointment necessary (walk-ins welcome) or call (808) 922-2112 to request courtesy transportation.



Acupuncture is most commonly used to treat pain. Increasingly, it is being used for overall wellness, including stress management. Acupuncture is used to stimulate nerves, muscles and connective



tissue and this stimulation boosts your body's natural painkillers. Acupuncture is used mainly to relieve discomfort associated with a variety of diseases and conditions.

The benefits of acupuncture include:

- Reduce stress
- Reduce back pain
- Reduce neck tension
- Relieve joint pain
- Relief from headaches
- Reduce eye strain
- Improve immune system
- Reduce sick days
- Improve mental clarity and cognitive function
- Increase energy
- Relief from digestive conditions
- Allergy relief
- Reduced cigarette craving
- Fewer injuries to the body due to repetitive strain

Call for your appointment today. No appointment necessary (walk-ins welcome) or call (808) 922-2112 to request courtesy transportation.





"Doctors of Waikiki" opened the largest, most advanced Urgent Care in the State of Hawaii on December 1, 2018 at the Sheraton Princess Ka'iulani Hotel in Waikiki located on the ground floor at 120 Ka'iulani Avenue. The new 5,000 square foot location has the newest state-of-the-art technology with vein finder, digital x-ray (offering immediate results), in-house lab with results in 15 minutes (for blood chemistry, blood count, liver, lipids, urinalysis, influenza, rsv, strep and many more), in-house pharmaceutical dispensary, IV (intravenous therapy) for normal hydration, multi-vitamin infusion, detox, anti-aging and immune boost IV.



State-of-the-art vein finder (vein illuminator) for patient satisfaction



Digital x-ray (offering immediate results)





In-house lab with results in 15 minutes (for blood chemistry, blood count, liver, lipids, urinalysis, influenza, rsv, strep and many more)



In-house pharmaceutical dispensary





IV (intravenous therapy) for normal hydration, multi-vitamin infusion, detox, anti-aging and immune boost IV



Courtesy complimentary transportation service between Waikiki hotels to/from Doctors of Waikiki

Doctors of Waikiki is the largest and most fully staffed Urgent Care in Waikiki. 90% of all employees (nurses, other medical staff, client service representatives, reception, administration and others) are qualified and experienced (bilingual) English, Japanese, Chinese & Korean speaking. They will offer courtesy complimentary transportation service between Waikiki hotels to/from Doctors of Waikiki as well as provide House/Hotel room calls in Waikiki and shall be <u>the only Urgent Care in Waikiki</u> <u>open until midnight daily</u>. "We both have decided to sacrifice our personal time and stay open until midnight daily to provide Urgent Care services currently not available but needed in Waikiki during late night hours. Hopefully our Urgent Care services can also decrease the burden of non-emergency visits to the ER coming from patients coming from Waikiki," says Dr. Alan Wu and Dr. Tony T. of Doctors of Waikiki.

Insurance Accepted:	All major insurance including travel insurance is accepted (Universal Health Care)
Payments Accepted:	(Japanese overseas travel insurance included with JCB credit card) All major credit cards accepted Currency: U.S. Dollar and Japanese Yen



# About "Doctors of Waikiki" Dr. Alan Wu, MD.

**Internal Medicine** Physician at Straub Clinic and Hospital, Hawaii Pacific Health 2015-2018 Medical School: University of Hawaii Residency: National Capital Consortium Walter Reed Hospital, Washington D.C. - Internal Medicine 15-years military experience Awarded U.S. Army Aviation Association "Aviation Medicine Award of the Year 2017" Awarded U.S. Army "Meritorious Service Metal" 2013-2017, 25th ID, US Pacific Command Awarded U.S. Army "Bronze Star" 2010-2011, 101<sup>st</sup> Airborne DIV, Afghanistan

# Brigade Flight Surgeon

Chief of Aviation Medicine Department US Army 2013-2017 Major US Army 2002-2017

#### Assistant Chief, Internal Medicine Clinic Tripler Army Hospital US Army 2012-2013 Posicion

**Resident Physician** Walter Reed Army Medical Center 2007-2010

# Dr. Tony Trpkovski, MD.

**Internal Medicine** Physician at Straub Clinic and Hospital, Hawaii Pacific Health 2012-2018

# **Chief of Medicine - Internal Medicine**

Kauai Medical Clinic 2005-2012 Awarded "Best Doctor" in Kauai

# **Internal Medicine**

Gulf Medical Clinic 2005-2006

# Hospitalist

Synergy Medical Group 2005

# **CEO/Internal Medicine**

Trpkovski Primary Care 2002-2005

# **Internal Medicine**

Primary Care of Venice 1997-2002

# Internship and Chief Resident in Internal Medicine

Wright State University 1994

# **Medical School**

Saints Cyril and Methodius University Medical School in Skopje, Macedonia 1993

# Full Scholarship 1984-1992

National Board Certified in Internal Medicine



# Focus on Improving Health

"The new "Doctors of Waikiki" Urgent Care, will offer the highest quality medical care in Waikiki. Whether you live or work in Waikiki, or visiting, "Doctors of Waikiki" can provide you with your health care needs.

"Doctors of Waikiki" offers a full range of medical care, including Urgent Care, physician services, laboratory and x-ray. In addition, "Doctors of Waikiki" offers a full range of occupational health services such as contracted pre-employment physical examinations, drug tests, worker's compensation care and immunizations for adults. Our physicians at "Doctors of Waikiki" are assisted by a full staff of nurses, accredited technicians, patient service representatives and Japanese/English bilingual translators.

"Doctors of Waikiki" is NOT an emergency room. If you believe that you have an emergency, you should call 911 or go immediately to the closest hospital emergency room.

# Services include:

- Courtesy complimentary transportation service between Waikiki hotels to/from Urgent Care
- House/Hotel room calls
- Diagnosis and treatment of illness and injury including work-related injuries
- Contracted pre-employment physicals and drug screenings
- Immunizations for adults
- Complimentary validated parking
- Ages of patients seen 2 yrs old 100 +
- Pharmaceutical dispensary

"Doctors of Waikiki" accepts major insurance plans, including contracted overseas travel insurance, HMSA (Blue Cross & Blue Shield), HMAA, UHA, Aetna, Cigna, Tricare, MDX, Medicare and more.

# Location:

Doctors of Waikiki Sheraton Princess Ka'iulani Hotel, Ground Floor 120 Ka'iulani Avenue, #KW10&11 Honolulu, HI 96815 Office: (808) 922-2112 Email: <u>info@doctorsofwaikiki.com</u> www.doctorsofwaikiki.com

# Hours of Operation: 8:00 am - 12:00 am midnight (Open Daily)