

News Release

Nashimoto & Associates
1833 Kalakaua Avenue, Suite 201
Honolulu, Hawaii 96815
Phone: (808) 955-9361 Fax: (808) 955-9742
Email: info@nashimoto.com

Contact: Dr. Alan Wu, M.D.
Dr. Tony Trpkovski, M.D.
Doctors of Waikiki
Sheraton Princess Ka'iulani Hotel, Ground Floor
120 Ka'iulani Avenue, #KW10&11
Honolulu, HI 96815
Office: (808) 922-2112
Email: info@doctorsofwaikiki.com
www.doctorsofwaikiki.com

**"Doctors of Waikiki" offering Novel Coronavirus (COVID-19) Testing
and Flu Testing**

**Recommend Healthy Living, Good Diet & Exercise
to Boost and Build Strong Immune System
Patients Benefit from Immunization, IV Therapy and Acupuncture**



**DR. ALAN
WU, M.D**

**DR. TONY
TRPKOVSKI, M.D.**

Honolulu, HI (March 27, 2020) - "Doctors of Waikiki" recommend healthy living, good diet and exercise to boost and build a strong immune system. Healthy living includes getting enough sleep, a good diet and exercise as the best ways to boost and build a strong immune system. Patients benefit from Immunization, IV Therapy and Acupuncture.

To our local and visiting Ohana, we at "Doctors of Waikiki" want to take a moment to send you a note of encouragement during this challenging time. We are at the front lines of the Novel Coronavirus (COVID-19) outbreak and want to first thank all of our staff who come in every day ready to give the highest level of care and attention to our patients. Secondly, we would like to let you know that we are monitoring the ever-changing situation and are in contact regularly with state health agencies.

There is currently no vaccine so the best way to prevent illness is to avoid being exposed to this virus. The virus is thought to spread mainly from person-to-person who are in close contact with one another (within about 6 feet). It spreads through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

The following symptoms may appear 2-14 days after exposure: Fever, Cough & Shortness of Breath. We also take into account your exposure history and travel history when evaluating our patients.

The best thing that you can do for yourself and your Ohana is to follow the [cdc.gov](https://www.cdc.gov) guidelines: 1) Social distancing of 6 ft. 2) Wash your hands often with soap & water for at least 20 secs 3) Don't touch your face (nose, mouth or eyes). For more info visit [cdc.gov](https://www.cdc.gov).

We are offering CORONAVIRUS TESTING and/or Flu Testing. We have flu shots so if you haven't been vaccinated yet please come in. Don't Wait. We are open every day from 8 am to midnight. Our staff is bi-lingual (English, Japanese, Korean, Chinese and Slavic). Wait times are less than 15 mins. No appointment is necessary. We also offer courtesy pick-up and drop-off if you are in the #Waikiki area.

Stay strong and safe everyone. We will get through this. Mahalo, Dr. Alan Wu, M.D. and Dr. Tony Trpkovski, M.D. of "Doctors of Waikiki."

Immunization is a simple and effective way of protecting yourself and your family. Immunization works by triggering the immune system to fight against certain diseases. If a vaccinated person comes in contact with these diseases, their immune system is able to respond. "Doctors of Waikiki" is also administering new antiviral flu therapy for patients with flu to reduce the severity of symptoms and help patients recover more quickly. Visit Doctors of Waikiki to get your flu test and vaccine during flu season in Hawaii. Seasonal influenza viruses circulate in Hawaii year-round, but are most common during the fall and winter months. The exact timing and duration of each flu season varies from year to year, but influenza activity increases during the winter months.



Fluids given intravenously are absorbed directly into the bloodstream, go right into your cells and organs to help them recover more quickly and function more effectively. IV fluids also rehydrate the body quickly, which restores your energy levels and relieves aches and pains in your muscles. IV hydration, boost shots, electrolytes, & vitamins all help marathon runners feel & perform at their very best, enhance performance and recover more quickly.

IV drip therapy improves overall wellness by providing 100% of the vitamins and nutrients your body needs to:

- Improve immune health
- Improve symptoms of depression
- Improve mental clarity and cognitive function
- Reduce the symptoms of migraines
- Improve symptoms of asthma
- Improve allergies
- Combat fatigue
- Accelerate wound healing
- Maintain the strength of muscles and tissues
- And much more

Call for your appointment today. No appointment necessary (walk-ins welcome) or call (808) 922-2112 to request courtesy transportation.



Acupuncture is most commonly used to treat pain. Increasingly, it is being used for overall wellness, including stress management. Acupuncture is used to stimulate nerves, muscles and connective tissue and this stimulation boosts your body's natural painkillers. Acupuncture is used mainly to relieve discomfort associated with a variety of diseases and conditions.

The benefits of acupuncture include:

- Reduce stress
- Reduce back pain
- Reduce neck tension
- Relieve joint pain
- Relief from headaches
- Reduce eye strain
- Improve immune system
- Reduce sick days
- Improve mental clarity and cognitive function
- Increase energy
- Relief from digestive conditions
- Allergy relief
- Reduced cigarette craving
- Fewer injuries to the body due to repetitive strain

Call for your appointment today. No appointment necessary (walk-ins welcome) or call (808) 922-2112 to request courtesy transportation.



“Doctors of Waikiki” opened the largest, most advanced Urgent Care in the State of Hawaii on December 1, 2018 at the Sheraton Princess Ka’iulani Hotel in Waikiki located on the ground floor at 120 Ka’iulani Avenue. The new 5,000 square foot location has the newest state-of-the-art technology with vein finder, digital x-ray (offering immediate results), in-house lab with results in 15 minutes (for blood chemistry, blood count, liver, lipids, urinalysis, influenza, rsv, strep and many more), in-house pharmaceutical dispensary, IV (intravenous therapy) for normal hydration, multi-vitamin infusion, detox, anti-aging and immune boost IV.



State-of-the-art vein finder (vein illuminator) for patient satisfaction



Digital x-ray (offering immediate results)



In-house lab with results in 15 minutes (for blood chemistry, blood count, liver, lipids, urinalysis, influenza, rsv, strep and many more)



In-house pharmaceutical dispensary



IV (intravenous therapy) for normal hydration, multi-vitamin infusion, detox, anti-aging and immune boost IV



Courtesy complimentary transportation service between Waikiki hotels to/from Doctors of Waikiki

Doctors of Waikiki is the largest and most fully staffed Urgent Care in Waikiki. 90% of all employees (nurses, other medical staff, client service representatives, reception, administration and others) are qualified and experienced (bilingual) English, Japanese, Chinese & Korean speaking. They will offer courtesy complimentary transportation service between Waikiki hotels to/from Doctors of Waikiki as well as provide House/Hotel room calls in Waikiki and shall be the only Urgent Care in Waikiki open until midnight daily. “We both have decided to sacrifice our personal time and stay open until midnight daily to provide Urgent Care services currently not available but needed in Waikiki during late night hours. Hopefully our Urgent Care services can also decrease the burden of non-emergency visits to the ER coming from patients coming from Waikiki,” says Dr. Alan Wu and Dr. Tony T. of Doctors of Waikiki.

Insurance Accepted:

All major insurance including travel insurance is accepted
 (Universal Health Care)
 (Japanese overseas travel insurance included with JCB credit card)

Payments Accepted:

All major credit cards accepted
 Currency: U.S. Dollar and Japanese Yen



About "Doctors of Waikiki"

Dr. Alan Wu, MD.

Internal Medicine

Physician at Straub Clinic and Hospital, Hawaii Pacific Health
2015-2018

Medical School: University of Hawaii

Residency: National Capital Consortium Walter Reed Hospital, Washington D.C. - Internal Medicine
15-years military experience

Awarded U.S. Army Aviation Association "Aviation Medicine Award of the Year 2017"

Awarded U.S. Army "Meritorious Service Medal" 2013-2017, 25th ID, US Pacific Command

Awarded U.S. Army "Bronze Star" 2010-2011, 101st Airborne DIV, Afghanistan

Brigade Flight Surgeon

Chief of Aviation Medicine Department

US Army
2013-2017

Major

US Army
2002-2017

Assistant Chief, Internal Medicine Clinic Tripler Army Hospital

US Army
2012-2013

Resident Physician

Walter Reed Army Medical Center
2007-2010

Dr. Tony Trpkovski, MD.

Internal Medicine

Physician at Straub Clinic and Hospital, Hawaii Pacific Health
2012-2018

Chief of Medicine - Internal Medicine

Kauai Medical Clinic
2005-2012

Awarded "Best Doctor" in Kauai

Internal Medicine

Gulf Medical Clinic
2005-2006

Hospitalist

Synergy Medical Group
2005

CEO/Internal Medicine

Trpkovski Primary Care
2002-2005

Internal Medicine

Primary Care of Venice
1997-2002

Internship and Chief Resident in Internal Medicine

Wright State University
1994

Medical School

Saints Cyril and Methodius University Medical School in Skopje, Macedonia
1993

Full Scholarship

1984-1992

National Board Certified in Internal Medicine



Focus on Improving Health

"The new "Doctors of Waikiki" Urgent Care, will offer the highest quality medical care in Waikiki. Whether you live or work in Waikiki, or visiting, "Doctors of Waikiki" can provide you with your health care needs.

"Doctors of Waikiki" offers a full range of medical care, including Urgent Care, physician services, laboratory and x-ray. In addition, "Doctors of Waikiki" offers a full range of occupational health services such as contracted pre-employment physical examinations, drug tests, worker's compensation care and immunizations for adults. Our physicians at "Doctors of Waikiki" are assisted by a full staff of nurses, accredited technicians, patient service representatives and Japanese/English bilingual translators.

"Doctors of Waikiki" is NOT an emergency room. If you believe that you have an emergency, you should call 911 or go immediately to the closest hospital emergency room.

Services include:

- Courtesy complimentary transportation service between Waikiki hotels to/from Urgent Care
- House/Hotel room calls
- Diagnosis and treatment of illness and injury including work-related injuries
- Contracted pre-employment physicals and drug screenings
- Immunizations for adults
- Complimentary validated parking
- Ages of patients seen 2 yrs old - 100 +
- Pharmaceutical dispensary

"Doctors of Waikiki" accepts major insurance plans, including contracted overseas travel insurance, HMSA (Blue Cross & Blue Shield), HMAA, UHA, Aetna, Cigna, Tricare, MDX, Medicare and more.

Location:

Doctors of Waikiki
Sheraton Princess Ka'iulani Hotel, Ground Floor
120 Ka'iulani Avenue, #KW10&11
Honolulu, HI 96815
Office: (808) 922-2112
Email: info@doctorsofwaikiki.com
www.doctorsofwaikiki.com

Hours of Operation: 8:00 am - 12:00 am midnight (Open Daily)