

News Release

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**New Antiviral Flu Therapy Started Within 48 Hours of Symptoms
May Reduce Severity of Symptoms and Help You Recover More Quickly**



**DR. ALAN
WU, M.D.**



**DR. TONY
TRPKOVSKI, M.D.**

Honolulu, HI (December 13, 2019) - "Doctors of Waikiki" is administering new antiviral flu therapy for patients with flu to reduce the severity of symptoms and help patients recover more quickly. Visit Doctors of Waikiki to get your flu test and vaccine during flu season in Hawaii. Seasonal influenza viruses circulate in Hawaii year-round, but are most common during the fall and winter months. The exact timing and duration of each flu season varies from year to year, but influenza activity increases during the winter months.



Flu Symptoms

Influenza (flu) can cause mild to severe illness, and at times can lead to death. Flu is different from a cold. Flu usually comes on suddenly. People who have the flu often feel some or all of the following symptoms:

- Fever (feeling feverish or chills)
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches

Fatigue (tiredness)

Vomiting and/or diarrhea (more common in children than adults)

Flu Complications

Most people who get the flu will recover in a few days to less than two weeks, but some people will develop complications (such as pneumonia) as a result of flu, some of which can be life-threatening and result in death.

Sinus and ear infections are examples of moderate complications from flu, while pneumonia is a serious flu complication that can result from either influenza virus infection alone or from co-infection of flu virus and bacteria. Other possible serious complications triggered by flu can include inflammation of the heart (myocarditis), brain (encephalitis) or muscle (myositis, rhabdomyolysis) tissues, and multi-organ failure (for example, respiratory and kidney failure). Flu virus infection of the respiratory tract can trigger an extreme inflammatory response in the body and can lead to sepsis, the body's life-threatening response to infection. Flu also can make chronic medical problems worse. For example, people with asthma may experience asthma attacks while they have flu, and people with chronic heart disease may experience a worsening of this condition triggered by flu.

Doctors of Waikiki is excited to announce that they are using state-of-the-art influenza testing to provide immediate results for their patients. This state of the art technology is significantly faster and more accurate than other commonly used tests. The new test has increased sensitivity to ensure the most reliable diagnoses of Influenza A & B in under 15 minutes. "Doctors of Waikiki", using the most state-of-the-art Alere i™ technology, the fastest rapid molecular flu test, can provide rapid influenza A & B 2 diagnostic tests and can provide results in 15 minutes that are 95% accurate for reliable detection of influenza A and B and enable immediate, effective treatment decisions. In addition to rapid tests, polymerase chain reaction (PCR) tests are available for the most accurate results.



People at High Risk from Flu

Anyone can get sick with flu (even healthy people), and serious problems related to flu can happen at any age, but some people are at high risk of developing serious flu-related complications if they get sick. This includes people 65 years and older, people of any age with certain chronic medical conditions (such as asthma, diabetes, or heart disease), pregnant women and children younger than 5 years, but especially those younger than 2 years old.

The most effective way to prevent getting sick with the flu is to be vaccinated with the influenza vaccine every year. Vaccination is recommended each year due to the constant evolving nature of influenza viruses. People at high risk of flu complications (young children, older people, pregnant women and people with certain chronic health conditions) are especially encouraged to get the vaccine yearly.

“Doctors of Waikiki” also administers IVs for dehydration, low energy, a hangover, immunity - to prevent you from coming down with a cold, and other concoctions to help with what's ailing you. We also give IVs that revitalize your skin and leave it with a pleasing glow. Ideal treatment for dehydration, jet lag (lethargy), headache & migraine, constipation, illness wellness (cold & flu), hangover & detox, beauty & healthier skin, vitamin, amino acids, magnesium & iron treatment, improving bone mineral density, boost your immune system, digestive health, improved brain function, treat severe asthma, improved sexual function, sports performance (increased energy, muscle recovery and hydration) and proactively maintain overall optimal wellness.

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Planning to run a marathon or just finished one?



Fluids given intravenously are absorbed directly into the bloodstream, go right into your cells and organs to help them recover more quickly and function more effectively. IV fluids also rehydrate the body quickly, which restores your energy levels and relieves aches and pains in your muscles. IV hydration, boost shots, electrolytes, & vitamins all help marathon runners feel & perform at their very best, enhance performance and recover more quickly.

Have a hangover or feeling jet lagged?

ワイキキのお医者さん
**DOCTORS
OF WAIKIKI** 



A vitamin IV with a direct infusion of vitamins and minerals, like vitamin C or magnesium, can help cure a hangover, treat jet lag, lethargy, will revitalize your skin and give you healthier pleasant glow.

"Doctors of Waikiki" is also offering complimentary courtesy transportation from any hotel, private residence, apartment or condo in Waikiki and Kahala to/from Doctors of Waikiki. "Give yourself relief from your hangover or recover from the marathon more quickly", says Dr. Alan Wu, M.D. of Doctors of Waikiki. "Treating yourself with a vitamins and minerals IV will revitalize your energy and give your skin a healthy glow", says Dr. Trypkovski, M.D. of Doctors of Waikiki. No appointment necessary (walk-ins welcome) or call (808) 922-2112 to request courtesy transportation.

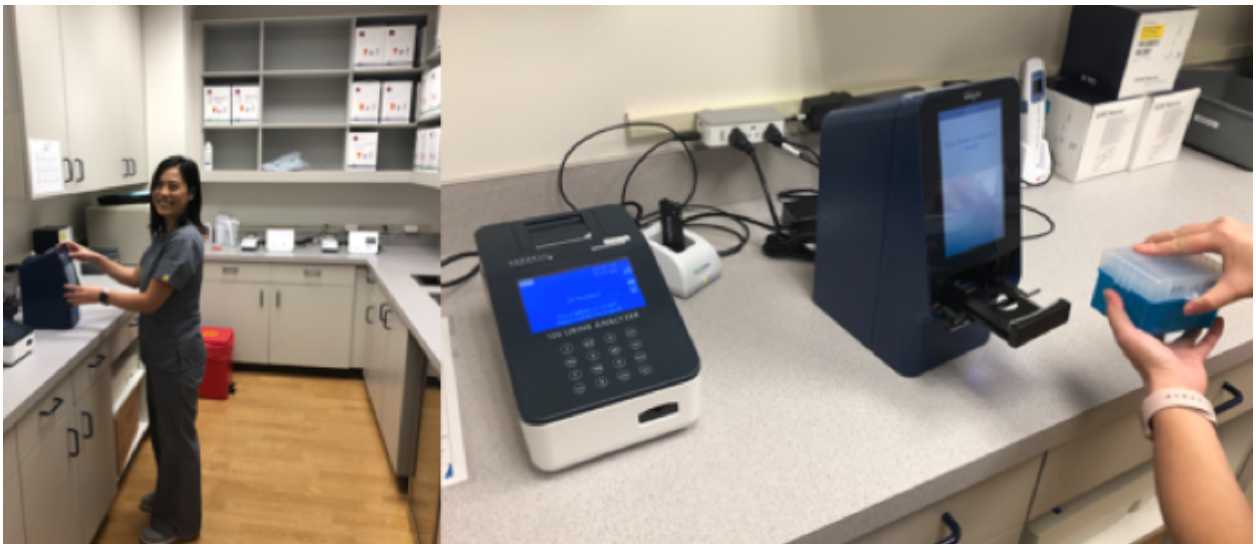


Courtesy complimentary transportation service between Waikiki/Kahala to/from Doctors of Waikiki
"We both have decided to sacrifice our personal time and stay open until midnight daily to provide Urgent Care services currently not available but needed in Waikiki during late night hours. Hopefully our Urgent Care services can also decrease the burden of non-emergency visits to the ER coming from Waikiki," says Dr. Alan Wu and Dr. Tony T. of Doctors of Waikiki.



“Doctors of Waikiki” is the largest, most fully staffed and advanced Urgent Care in the State of Hawaii and is located at the Sheraton Princess Ka’iulani Hotel in Waikiki on the ground floor at 120 Ka’iulani Avenue. 90% of all employees (nurses, other medical staff, client service representatives, reception, administration and others) are qualified and experienced (bilingual) English, Japanese, Chinese & Korean speaking. They will offer courtesy complimentary transportation service between Waikiki hotels to/from Doctors of Waikiki as well as provide House/Hotel room calls in Waikiki and shall be the only Urgent Care in Waikiki open until midnight daily.

The new 5,000 square foot location has the newest state-of-the-art technology with vein finder, digital x-ray (offering immediate results), in-house lab with results in 15 minutes (for blood chemistry, blood count, liver, lipids, urinalysis, influenza, rsv, strep and many more), in-house pharmaceutical dispensary, IV (intravenous therapy) for normal hydration, multi-vitamin infusion, detox, anti-aging and immune boost IV.



In-house lab with results in 15 minutes (for blood chemistry, blood count, liver, lipids, urinalysis, influenza, rsv, strep and many more)



State-of-the-art vein finder (vein illuminator) for patient satisfaction



Digital x-ray (offering immediate results)



In-house pharmaceutical dispensary



IV (intravenous therapy) for normal hydration, multi-vitamin infusion, detox, anti-aging and immune boost IV

Insurance Accepted:

All major insurance including travel insurance is accepted
(Universal Health Care)

(Japanese overseas travel insurance included with JCB credit card)

Payments Accepted:

All major credit cards accepted

Currency: U.S. Dollar and Japanese Yen



About "Doctors of Waikiki"

Dr. Alan Wu, MD.

Internal Medicine

Physician at Straub Clinic and Hospital, Hawaii Pacific Health
2015-2018

Medical School: University of Hawaii

Residency: National Capital Consortium Walter Reed Hospital, Washington D.C. - Internal Medicine
15-years military experience

Awarded U.S. Army Aviation Association "Aviation Medicine Award of the Year 2017"

Awarded U.S. Army "Meritorious Service Medal" 2013-2017, 25th ID, US Pacific Command

Awarded U.S. Army "Bronze Star" 2010-2011, 101st Airborne DIV, Afghanistan

Brigade Flight Surgeon

Chief of Aviation Medicine Department

US Army
2013-2017

Major

US Army
2002-2017

Assistant Chief, Internal Medicine Clinic Tripler Army Hospital

US Army
2012-2013

Resident Physician

Walter Reed Army Medical Center
2007-2010

Dr. Tony Trpkovski, MD.

Internal Medicine

Physician at Straub Clinic and Hospital, Hawaii Pacific Health
2012-2018

Chief of Medicine - Internal Medicine

Kauai Medical Clinic
2005-2012
Awarded "Best Doctor" in Kauai

Internal Medicine

Gulf Medical Clinic
2005-2006

Hospitalist

Synergy Medical Group
2005

CEO/Internal Medicine

Trpkovski Primary Care
2002-2005

Internal Medicine

Primary Care of Venice
1997-2002

Internship and Chief Resident in Internal Medicine

Wright State University
1994

Medical School

Saints Cyril and Methodius University Medical School in Skopje, Macedonia
1993

Full Scholarship

1984-1992

National Board Certified in Internal Medicine



Focus on Improving Health

"The new "Doctors of Waikiki" Urgent Care, will offer the highest quality medical care in Waikiki. Whether you live or work in Waikiki, or visiting, "Doctors of Waikiki" can provide you with your health care needs.

"Doctors of Waikiki" offers a full range of medical care, including Urgent Care, physician services, laboratory and x-ray. In addition, "Doctors of Waikiki" offers a full range of occupational health services such as contracted pre-employment physical examinations, drug tests, worker's compensation care and immunizations for adults. Our physicians at "Doctors of Waikiki" are assisted by a full staff of nurses, accredited technicians, patient service representatives and Japanese/English bilingual translators.

"Doctors of Waikiki" is NOT an emergency room. If you believe that you have an emergency, you should call 911 or go immediately to the closest hospital emergency room.

Services shall include:

- Courtesy complimentary transportation service between Waikiki hotels to/from Urgent Care
- House/Hotel room calls
- Diagnosis and treatment of illness and injury including work-related injuries
- Contracted pre-employment physicals and drug screenings
- Immunizations for adults
- Immigration medical examinations
- Complimentary validated parking
- Age of patients seen ranges from 6 months to 100+ years old
- Pharmaceutical dispensary
- Workers comprehensive injuries
- Motor vehicle accident injuries
- Health clearance medical examinations and immunizations for students enrolling in school
- Administering IVs for Dehydration, Low Energy, Hangover & Immunity

"Doctors of Waikiki" accepts all major insurance plans, including contracted overseas travel insurance, HMSA (Blue Cross & Blue Shield), HMAA, UHA, Aetna, Cigna, Tricare, MDX, Medicare and more.

Location:

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Hours of Operation: 8:00 am - 12:00 am midnight (Open Daily)
No Appointment Necessary (Walk-ins Welcome)
Call (808) 922-2112 to Request Courtesy Transportation